Primary Care Networks (PCNs): recap

- Fantastic opportunity for general practice which builds on collective working that has delivered significant improvement for our population
- Over five years (2019 to 2024) we will
  - Recruit additional roles into Southwark (including social prescribers, pharmacists, paramedics focusing on local populations
  - Deliver of national specifications including Structured Medication Reviews, Cancer and Care Homes this year
  - Lead the redesign of services across the borough and delivery in our 9 neighborhoods “The building block to every Integrated Care System”
- Initial focus on developing strong PCNs locally, that can deliver what we need them to
What are Primary Care Networks and what does this mean for local residents

- A Primary Care Network is a group of general practices working together with local services (including across primary care, community services, social care and the voluntary sector) to offer more personalised and coordinated health and social care to their local populations

- [https://www.youtube.com/watch?v=W19DtEsc8Ys&feature=youtu.be](https://www.youtube.com/watch?v=W19DtEsc8Ys&feature=youtu.be)
What do PCNs mean for patients

• General practice in **strong position** to design what services look like in Southwark

• Additional **multi-disciplinary workforce of over 20 staff** across South Southwark to deliver care for our populations

• Improving patient care through **working together**
Where are we now

• We’ve been meeting over the past year, building really good relationships and agreeing how we could work more closely together

• Extended Primary Care Service providing GP/nurse appointments, 8-8, 7 days a week

• Population Health Management contract focusing on supporting people with complex needs and screening for long-term conditions

• Practices to work together to deliver services and improve care e.g. End of Life Care, prescribing and diabetes
Improvements in diabetes care

% achievement of 8 care processes across London (2018/19*)

Southwark TOP ranked across London – improved from 56.9% to 78.7%!

Southwark third highest ranked across London – improved from 41.1% to 47.9%!
## Delivering for our patients

### Improvement in delivery year on year

<table>
<thead>
<tr>
<th>Key performance indicators (population health management)</th>
<th>Commission activity</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulatory BP monitoring</td>
<td>1142</td>
<td>1447</td>
</tr>
<tr>
<td>NHS Health Checks</td>
<td>4010</td>
<td>4262</td>
</tr>
<tr>
<td>≥ 65 &amp; LTC with pulse check</td>
<td>2800</td>
<td>4789</td>
</tr>
<tr>
<td>Pre-diabetes annual review</td>
<td>1856</td>
<td>2944</td>
</tr>
<tr>
<td>Asthma/COPD inhaler review</td>
<td>600</td>
<td>2651</td>
</tr>
<tr>
<td>Co-ordinated care pathway, Case M’ment</td>
<td>1080</td>
<td>1486</td>
</tr>
</tbody>
</table>
Focusing on our local populations

• Focus on Black Afro-Caribbean men, delivering blood pressure monitoring and advice from barbers shops (project with Race Equality Foundation)
• Holistic support to enable confidence to return to work (project with Dept of Work and Pensions -DWP)
• Focus on HIV patients to diagnose and return to treatment (project with Elton John Aids Foundation)
• Musculoskeletal (MSK) and mental health project: supporting return to work
• Listening to our patients – neighbourhood PPG s in Dulwich, Camberwell and Peckham
Established 2 x PCNs

We have focused on setting up the Primary Care Networks: agreeing how we will work together, make decisions, manage issues

Four PCN Clinical Directors were recruited in August

Each of the neighbourhoods meet monthly to discuss plans and progress
Big focus recruiting additional staff that will be part of our practice teams, work across the neighbourhood and provide care for our patients.

This year we have been recruiting:

- Pharmacists
- Social prescribers

[https://www.youtube.com/watch?v=O9azfXNcqD8&feature=youtu.be](https://www.youtube.com/watch?v=O9azfXNcqD8&feature=youtu.be)

Next year and beyond: we will be plan what further staff we recruit including physiotherapists and other roles including community paramedics (home visits) and mental health practitioners.
What we will be working on

• Deliver services for our patients
  – Providing Extended Hours for whole population
  – New services including
    • Medication reviews for people on many medicines
    • Supporting early cancer diagnosis
    • Personalised care and anticipatory care: identifying people that need support at the right time and providing what they need

• Continue recruiting and expanding our PCN team
• Explore opportunities to improve care for our residents
• Consider what could help us e.g. the estates we need, how we use digital technologies etc
Delivering PCN Service Specifications

• **Structured Medication Review and Medicines Optimisation, Enhanced Health in Care Homes and Supporting Early Cancer Diagnosis service** specifications have now been significantly improved – will start in 2020/21

• The remaining four service specifications – **CVD diagnosis and prevention, tackling inequalities, personalised care and anticipatory care** - will be introduced in 2021/22, following negotiation with GPC England.

• A new **care home premium payment worth £120 per bed per year** will be introduced when the service goes live from 30 September 2020 (£42,000 based on 350 beds part year effect)

• **Additional staff roles** to that will support delivery of these services are now to be **100% funded**: though still a shortfall (e.g. London weighting etc) and there are a **wider range of staff funded**
Additional roles to be funded

Subject to satisfying three criteria
1. sufficient expected available supply nationwide;
2. demand from general practice for the roles; and
3. it must be operationally feasible to guarantee the roles are additional to those that are already in place.

As long as meet the criteria above we can now have a broader range of roles in primary care for the new roles detailed in orange segments.

Nationally they are also exploring whether or not it is feasible to include **Advanced Nurse Practitioners** in the scheme, bearing in mind supply constraints.

In addition to these six, **mental health practitioner roles** – including Improving Access to Psychological Therapy (IAPT) practitioners - will also be included in the Scheme from April 2021.
Questions and Answers