

Quarterly News

December 2017



Welcome

Welcome to the NHS Southwark Clinical Commissioning Group (CCG) newsletter.

Another year has almost gone, and we are proud to reflect on how we have been working to continually improve and develop health services for the people of Southwark. This bulletin tells you some of the ways we have been doing this.

Now that winter is here, I'd ask for your help in making wise choices when it comes to health care, by using the right services at the right time. Winter is a very busy time for the NHS and we need to ensure our frontline staff are working for the people who need our help most.

I hope you find this bulletin useful and interesting and I thank you for your continued interest in NHS Southwark CCG.

Dr Jonty Heaversedge
Chair, NHS Southwark CCG

In this issue

- Have your say on access to general practice in Southwark at our [joint event with Healthwatch Southwark on 5 December](#)
- CCG achieves [top scores](#) for patient and community engagement
- There have been some [changes to roles and responsibilities](#) of the Clinical Leads on our Governing Body
- GP and practice nurse appointments are available in Southwark [8-8, 7 days week](#)
- It's not too late to get your [annual flu vaccination](#)



Appointments at GP practices
Join the conversation!

Hear what we found when we looked into GP appointment systems. Put your questions to our expert panel!

Find out what your local NHS is doing to support GP practices to improve access for patients.

healthw tch Southwark

NHS Southwark
Clinical Commissioning Group

Tuesday 5 December | 5.45pm - 8.30pm
Cambridge House, 1 Addington Square, Camberwell, SE5 7JZ
Book tickets at: <https://goo.gl/hBQ1mB>
info@healthwatchsouthwark.co.uk / 020 7358 7005
souccg.southwark-ccg@nhs.net / 020 7025 7888

Improving quality in general practice – join us on 5 December 2017

We are jointly organising an [engagement event](#) with Healthwatch Southwark to talk about access to general practice.

This takes place at **Cambridge House, 5.45pm to 8.30pm on Tuesday 5 December.**

You will be able to find out what Healthwatch Southwark recommends around GP appointments systems and what the CCG is doing to support practices to improve access for patients. [Book your place now.](#)



Changes to the roles of our Governing Body Clinical Lead members

We are proud that the quality of clinical leadership within the CCG is widely recognised and highly regarded by our partners. To develop and strengthen our leadership with a more distributed approach, there have been some [changes to roles and responsibilities](#) of our Governing Body Clinical Lead members.

CCG achieves top scores for patient and community engagement

The CCG has scored full marks in a new national assessment of patient and community engagement by NHS clinical commissioning groups.

The CCG was awarded 15/15 in the NHS England (NHSE) assurance assessment against a [new Patient and Community Engagement Indicator](#).

Southwark GPs and commissioners win award to improve health care at scale

NHS Southwark CCG and Southwark's two GP federations, Improving Health Ltd (IHL) and Quay Health Solutions (QHS) have been selected by the Health Foundation, an independent charity, to be [part of a £3.5million improvement programme](#).

The Scaling Up Improvement programme supports seven projects in the UK to take their proven health care interventions and approaches and make them work at larger scale to have a positive impact on patient outcomes.



Why it's not too late to get your flu vaccination

The peak months for flu are upon us, but [it's not too late to get your annual flu vaccination](#) and protect yourself this winter. The NHS gives free flu vaccinations for those with long term health conditions, over 65s, children age 2 to 8 (who receive the nasal spray), pregnant women, carers and frontline health and social care staff. Appointments at your local pharmacy can be [booked online](#).



Malaria prevention is vital if you are visiting a country where the disease is found

Malaria is a serious disease, but taking anti-malarial medicines will reduce your risk of catching it by 90%. If you are planning to visit a country where malaria is found, [seek advice on anti-malarials](#) four to six weeks before you travel.



Extra GP and nurse appointments in Southwark, 8am to 8pm, 7 days a week

GPs and nurses in Southwark want to raise awareness of the availability of [extra GP and nurse appointments](#) in the borough.

Available from 8am to 8pm, 7 days a week, from two locations in the north and south, these extra appointments are for most of the normal things people see their GP or nurse for.

Protecting antibiotics for future generations



The CCG has been reminding patients that [antibiotics do not work for common winter illnesses](#), which are best treated with self-care. Our team promoted World Antibiotics Awareness Day on 15 November 2017 and encouraged people to sign up to become an [Antibiotic Guardian](#).



New service launched to help Londoners quit smoking

There are around 1.3 million smokers in London. And one in three adults wants to give up, many of whom will have tried to but failed at least once already.

To help these patients, a new Stop Smoking London Helpline

service, funded and supported by 30 London boroughs including Southwark, has been launched.

The helpline can be reached on 0300 123 1044 or via an [online portal](#).

Find out about cancer services in south east London



The South East London Cancer Alliance brings together primary care, commissioners, hospital trusts, cancer charities, patients and carers from south east London to improve cancer care.

If you are interested in cancer prevention, diagnosis, treatment and recovery, read the

Alliance's first bulletin for the latest on its work.

Work due to start on new health centre for Dulwich early next year



All being well, we aim to start work on our new health centre for patients in Dulwich in April 2018.

Working with partners, we have now completed and agreed the detailed design of the building. [Find out more about our](#)

[Dulwich plans.](#)

Taking care of yourself and older and vulnerable people this winter

To help patients this winter, we have produced a [new leaflet](#) which explains how to look after your own health and where to go for help.

Cold weather can be serious for older and vulnerable people who already have long term health conditions. We encourage people to check on relatives and neighbours this winter [check on relatives and neighbours](#) and to support them in looking after their health, to help them stay well and out of hospital.

If you no longer wish to subscribe to this bulletin, please email us at souccg.southwark-ccg@nhs.net and we will remove your name and email address from our mailing list.



[020 7525 7888](tel:02075257888)



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The best possible health outcomes for Southwark people